



# Music in Mind: Remote Activity Log Form

**Session Type** Individual / Group (delete as applicable)

**Participant's Name**

**Activity Date**

**Participant's mood before activity was...**

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**The instruments we used were...**

- Tuned percussion
- Untuned percussion
- Voice
- Body percussion

**The music we used was...**

- Blues
  - Rock n Roll
  - Tea for Two
  - Jig
  - Waltz
  - Zum Gali
  - Shakey Shakes
  - La Bamba
  - Sway
  - March
  - Hello song
  - Goodbye song
  - Familiar tune (please specify)
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**Participant interacted by...**

- Playing different sounds on the instruments – rhythms and pitches
  - Singing/humming a melody
  - Tapping hands, feet, fingers, toes
  - Body movement and changing facial expressions
  - Sharing an instrument or using their own independently
  - Using their voice
  - Body percussion
  - Following me
  - Leading me
  - Other (please specify)
- 

**Participant engagement (with 10 being most engaged)**

1            2            3            4            5            6            7            8            9            10

**Participant's mood when activity ended was...**

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**Comments**

Any other comments?